

# Pharmacy Council Statement

## Raising Concerns with Prescribers

### General policy statements:

- i. The purpose of the Health Practitioners Competence Assurance Act 2003 is to protect the health and safety of members of the public. As such, a pharmacist is expected to act in the best interests of patients and the public and ensure the provision of high quality patient care.
- ii. Pharmacist responsibility for patient's health outcomes is a central pillar of pharmaceutical care. In the event of unclear or incorrect prescriptions, prescribing errors, clear contraindications or recurrent inappropriate prescribing it is essential that a pharmacist intervenes and communicates their concerns with the prescriber in a timely and professional manner.
- iii. You should keep accurate records of the details and outcome of any interventions, in the event that this may be required at a later date.
- iv. The Pharmacy Council's Code of Ethics Obligation 7F regarding inappropriate or erroneous prescribing directs a pharmacist to act where there are grounds to consider patient safety may be at risk.
- v. Raising concerns or making a complaint about the conduct or competence of another health professional. It must be managed with due care and consideration especially if the concern is based on a suspicion rather than hard evidence. Where appropriate, seek advice from the Pharmacy Council.
- vi. Pharmacist with effective control of a pharmacy must ensure that the pharmacy has robust, regularly reviewed procedures in place for dealing with and recording interventions with prescribers.

### Competence Standards for Aotearoa New Zealand Pharmacists

- 5.3.6 Liaises with and provides recommendations to the prescriber and/or other healthcare professionals to ensure optimal use of medicines.
- 6.1.3 Applies knowledge in undertaking a clinical assessment of the prescription to ensure pharmaceutical and therapeutic appropriateness of the treatment and to determine whether any changes in prescribed medicines are warranted
- 6.1.5 Initiates action, in consultation with person(s) being cared for/ carer and/or prescriber to address identified issues.

### Code of Ethics 2018

- Obligation 7F Consults with the prescriber, and documents the results, if there are reasonable grounds to consider that a prescription contains any error or is not legitimate or could be detrimental to a patient's health.

## 1. Communication

- 1.1 A pharmacist has a duty to contact the prescriber in a number of situations including where the pharmacist:
  - 1.1.1 has knowledge that the prescriber may not have considered e.g. concurrent use of other non-prescribed medicines by the patient; comments from the patient on their medicines use or other substances use such as alcohol or tobacco.
  - 1.1.2 is clear that the prescription is, on the face of it, incorrect clinically or legally.
  - 1.1.3 has concerns about the safety of an individual patient due to the prescribed medication regimen.
  - 1.1.4 has received an unusual prescription (dose, form or route) for a medicine recognised to have potentially serious adverse effects or side effects.
- 1.2 When raising concerns about prescriptions with the prescriber, a pharmacist should suggest or offer solutions in a professional manner as a first step. This will build trust, allow for recognition of skills and develop a relationship based on the patient's needs.
- 1.3 Effective communication<sup>1</sup> will enable a pharmacist to have a positive impact on a patient's health outcomes and on pharmacist-prescriber relationships. If the prescriber is unknown to the pharmacist, a pleasant business-like approach is recommended.
- 1.4 Establishing a procedure like SBAR (Situation Background Assessment Recommendation) to address essential issues quickly and thoroughly may help facilitate good communication (see Appendix 1 for further information).
- 1.5 Every consumer has the right to effective communication in a form, language, and manner that enables the consumer to understand the information provided.

## 2. Clinical assessment

- 2.1 Including a clinical check in the dispensing process (Competence Standard 6.1.3) ensures the appropriateness of the medicine for the person. This should be done based on the information available and taking into consideration other medicines being taken and past medication history.
- 2.2 For all children's prescriptions the pharmacist should highlight the date of birth on the prescription, check the child's weight and ask themselves "*Is this a reasonable dose for a child of this age and weight?*"
- 2.3 A pharmacist must be mindful of potential adverse drug reactions, interactions and contraindications, particularly when therapy changes in any way or patient circumstances change.

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<sup>1</sup> Basic principles for effective communication: acquire sound clinical skills; work within the bounds of medical knowledge; develop a professional relationship; focus on patient outcomes; develop appropriate language

- 2.4** If there are any doubts about the suitability of the medicine, the pharmacist must contact the prescriber.
- 2.5** The pharmacist should provide advice to the patient that is consistent with, and complementary to, the advice given by the prescriber. Pharmacists are reminded, however, that if the prescriber's actions are thought to be unsafe the pharmacist must work in the patient's best interests (refer to 3.3 below).

### 3. Raising Concerns

- 3.1** If a pharmacist reasonably believes that patient safety has been compromised or is likely to be compromised, they should be prepared to intervene and raise concerns.
- 3.2** When deciding to raise a concern, a pharmacist should consider the following: what would be the consequences of not raising the concern; and if challenged, could the pharmacist justify why the concern was not raised with the prescriber.
- 3.3** The Pharmacy Council's Code of Ethics Obligation 7F requires a pharmacist to "Consult with the prescriber, and document the results, if there are reasonable grounds to consider that a prescription contains any error or is not legitimate or could be detrimental to a patient's health"<sup>2</sup>.
- 3.4** Pharmacists are reminded the HPCA Act s34(1) requires if a pharmacist has reason to believe that another health practitioner may pose a risk of harm to the public by practising below the required standard of competence, the pharmacist may give the Registrar of the authority that health practitioner is registered with written notice of the reasons on which that belief is based.
- 3.5** A pharmacist's failure to act on their concerns could constitute a breach of the Pharmacy Council's Code of Ethics.
- 3.6** Pharmacists are reminded they have the right to not dispense a prescription if the concerns raised have not been resolved, all procedures followed have been fully documented, and both the prescriber and the patient have been advised of the reasons for taking this action.

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<sup>2</sup> If the pharmacists' concerns remain unresolved after consulting with the prescriber, the pharmacist should consult with the Medical Officer of Health or their Medicines Control Advisor ([www.medsafe.govt.nz/other/contact.asp#regional](http://www.medsafe.govt.nz/other/contact.asp#regional)) and document this action.

## Appendix 1: Situation Background Assessment Recommendation (SBAR) Technique for Communication

The SBAR communication technique was initially developed to provide a framework for high-risk communication; however it also works with other types of communication between healthcare professionals. It is an easy to remember mechanism useful for framing any conversation requiring attention and action. It allows for an easy and focused way to set expectations for what will be communicated and how, and is important in fostering a culture of patient safety. Although it may have more immediate application in a hospital environment where members of the healthcare team work more closely together, it is still a practical tool to utilise in a community pharmacy setting.

SBAR answers three questions:

- What is the issue?
- What do you need me to do?
- When do I have to do it?

**Situation** – the punch line, what is going on with the patient/prescription?

**Background** – the context, what clinical background information is available that is pertinent to the patient

**Assessment** – analysis and consideration of options

**Recommendation** – an agreement on what needs to be done, by whom and by when?

SBAR gives health care workers a method to communicate effectively, but it does not assure good communication. Good communication can still be hindered even while using the SBAR technique. For example, if people don't really listen to each other, or if they hear something different from what is actually being said, communication will break down despite efforts to standardise it. So, keep in mind some of the basic guidelines for communicating, such as not multi-tasking while communicating, making eye contact when possible, being clear and direct, avoiding vague information, and repeating back critical information, such as agreed medication changes.