

Minutes of Regional Mental Health SIG meeting

Date	Monday the 2nd of March 2020
Time	6.30 – 8pm
	<p>Attendees: Pharmacist 1, Pharmacist 2, Pharmacist 3, Pharmacist 4, Pharmacist 5, Pharmacist 6, Pharmacist 7, Pharmacist 8, Pharmacist 9, Pharmacist 10, Pharmacist 11 Minutes - Pharmacist 8</p> <p>Presentation - Medicinal Cannabis – A Potted Summary from Pharmacist 6 Thank you to Pharmacist 6 for providing an update on this hot topic. Pharmacist 6 has provided a copy of the presentation, see attached.</p> <p>Open forum:</p> <ol style="list-style-type: none">1. Organisation of these meetings - Pharmacist 8 wanting to step down and asking for volunteers. Pharmacist 10 has offered to take over organising meetings. Pharmacist 8 to provide handover around this. Also please note changes to presenter/minutes/ chair roster for the next couple of years.2. The need for standard local advice/ guideline on cannabinoids. It is unclear who is best placed to develop this, consensus was that palliative care pharmacists may be in the best position to advise vs. MH pharmacists.3. Esketamine is being marketed in NZ and there has been interest in its use at the inpatient units given limited options available for resistant depression. MH pharmacists may need to become familiar with this. Pharmacist 1 suggested inviting Dr. Sidney Freedman to the national SIG meeting in 2021.4. Pharmacist prescribing course. Pharmacist 5 asked if there is any interest in this course which is not currently running due to low uptake. No SIG members expressed interest, for various reasons including the role of pharmacist prescribers being poorly defined.