

Keeping up to date

Required information		Optional information
Date	Description of learning activity Include relevant details e.g.name of event, speaker, topic, location for training events; title, authors, publication details for journal articles	If you wish to, you can use this space to add more information such as <ul style="list-style-type: none"> • How this activity was useful for my role • Date activity finished if it was a longer learning activity
26/01/2021	bpac^{nz} article ' An update on the pharmacological management of stable COPD' May 2020	I write and teach content for the respiratory module in the Bachelor of Pharmacy at the [School of Pharmacy]. I wanted to update and refresh my knowledge of inhalers used in COPD and asthma and (Prof John Kolbe and Nicola Corma are leaders in the field) prior to reviewing the cases taught in the case management workshops and for compiling a reading list of references for the students. The NZ COPD guidelines have just been published and I have read the guidelines but this presentation by one of the primary authors of the guideline pointed out the most important aspects that make a positive difference to a patient with COPD and put it in the context of real-world practice. His method of determining which inhaler device was most appropriate for a given patient was a different way than I had encountered before – not just a theoretical idea of improving adherence, but really tailoring to the individual patient i.e. watching how they use their current inhaler and matching their behaviour to the device that would best suit their technique rather than teaching them a new way that is vastly different to what they are already doing.
20/02/2021	Goodfellow webinar 'Asthma and COPD inhalers - every breath counts' Prof John Kolbe and Nicola Corma New Zealand COPD Guidelines: Quick reference guide: Robert J Hancox, Stuart Jones, Christina Baggott, David Chen, Nicola Corma, Cheryl Davies, James Fingleton, Jo Hardy, Syed Hussain, Betty Poot, Jim Reid, Justin Travers, Joanna Turner, Robert Young NZMJ 19 February 2021, Vol 134 No 1530	
3/03/2021	Online live webinar: The First New Zealand Chronic Obstructive Pulmonary Disease (COPD) Guidelines. Presented by Dr James Fingleton, a primary author of these guidelines	
4/03/2021	Discussion with Nurse specialist re the implication of the NZ guideline and how that will affect practise at an inpatient and outpatient/primary care perspective. Also the benefit and recommendation of giving every patient a COPD action plan and referring them for Pulmonary rehab (even if they have been through a programme before but NOT in the last six months)..	This will be useful when I am putting together the tutor notes for the COPD case, when I am teaching the students and when working with the dispensing workshops tutors for the relevant counselling/education aspects especially with regards to non-pharmacological options and the correct use of the inhalers. I put together an example COPD action plan for the patient in the case to be taught in the workshop.